



2024 AAU GYMNASTICS NATIONAL CHAMPIONSHIPS



Ocean Center- 101 N Atlantic Ave, Daytona Beach, FL

www.aaugym.com

THURSDAY, JUNE 20

GYM A

Session 1A - 8:00am
GOLD- Group 1
(DOB on or after 7/12/13)

Session 2A - 11:05am
GOLD- Group 2
(DOB on or after 7/12/13)

Session 3A - 2:05pm
GOLD- Group 3
(DOB 11/9/11 - 7/11/13)

GYM B

Session 1B - 8:00am
LEVEL 4
(DOB on or after 8/1/13)
LEVEL 5- All

Session 2B - 11:05am
LEVEL 4
(DOB before 8/1/13)

Session 3B - 2:05pm
LEVEL 6- All

GYM C

Session 1C - 8:00am
LEVEL 2
(6-8 year olds)

Session 2C - 11:05am
LEVEL 2
(9 years old+)

Session 3C - 2:05pm
LEVEL 1
(8 years old+)

FRIDAY, JUNE 21

GYM A

Session 4A - 8:00am
GOLD- Group 4
(DOB 11/9/11 - 7/11/13)

Session 5A - 11:05am
GOLD- Group 5
(DOB 11/9/09 - 11/8/11)

Session 6A - 2:10pm
GOLD- Group 6
(DOB 11/9/09 - 11/8/11)

Session 7A - 5:10pm
GOLD- Group 7
(DOB before 11/8/09)

GYM B

Session 4B - 8:00am
SILVER- Group 1
(DOB on or after 3/11/15)

Session 5B - 11:05am
SILVER- Group 2
(DOB on or after 3/11/15)

Session 6B - 2:10pm
SILVER- Group 3
(DOB 1/28/14 - 3/10/15)

Session 7B - 5:10pm
SILVER- Group 4
(DOB 1/28/14 - 3/10/15)

GYM C

Session 4C - 8:00am
LEVEL 1
(4-7 year olds)

Session 5C - 11:05am
COPPER- All

Session 6C - 2:10pm
BRONZE- Group 1
(DOB after 5/3/16)
BOYS 4x4- All

Session 7C - 5:10pm
BRONZE- Group 2
(DOB after 5/3/16)



Parade of Champions

OPENING CEREMONIES

DAYTONA BEACH BANDSHELL

Line-Up at 6:30pm, Fireworks at 9:00pm



Teams as assigned by your provided roster.



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SATURDAY, JUNE 22

GYM A

Session 8A - 8:00am
LEVEL 3
(6-9 year olds)

Session 9A - 11:05am
LEVEL 3
(10 years old+)

Session 10A - 2:10pm
DIAMOND
(DOB after 9/10/07)

Session 11A - 5:15pm
PLATINUM
(DOB before 8/12/09)
DIAMOND
(DOB before 9/10/07)

GYM B

Session 8B - 8:00am
SILVER- Group 5
(DOB 1/6/13 - 1/27/14)
SHINING STARS- All

Session 9B - 11:05am
SILVER- Group 6
(DOB 1/6/13 - 1/27/14)
SUPER STARS- All

Session 10B - 2:10pm
SILVER- Group 7
(DOB 8/30/11 - 1/5/13)

Session 11B - 5:15pm
SILVER- Group 8
(DOB 8/30/11 - 1/5/13)

GYM C

Session 8C - 8:00am
BRONZE- Group 3
(DOB 6/2/15 - 5/3/16)

Session 9C - 11:05am
BRONZE-Group 4
(DOB 6/2/15 - 5/3/16)
SPECIAL STARS- Rhythmic

Session 10C - 2:10pm
BRONZE- Group 5
(DOB 3/11/14 - 6/1/15)
SPECIAL STARS-Rhythmic

Session 11C - 5:15pm
BRONZE- Group 6
(DOB 3/11/14 - 6/1/15)
SPECIAL STARS-Rhythmic

SUNDAY, JUNE 23

GYM A

Session 12A - 8:00am
PLATINUM
(DOB 8/13/09 - 6/11/11)

Session 13A - 11:15am
PLATINUM
(DOB after 6/12/11)

Session 14A - 2:30pm
ADULTS- Bronze,
Silver, Gold, Coed XB, &
Coed XG

GYM B

Session 12B - 8:00am
SILVER- Group 9
(DOB before 8/29/11)

Session 13B - 11:15am
LEVEL 7, LEVEL 8,
SAPPHIRE &
OPEN OPTIONAL

Session 14B - 2:30pm
ADULTS- Platinum,
Diamond, Sapphire,
Open Optional, &
Coed XD

GYM C

Session 12C - 8:00am
BRONZE- Group 7
(DOB on or before
3/10/14)

Session 13C - 11:15am
BRONZE- Group 8
(DOB on or before
3/10/14)

Teams as assigned by your provided roster.